

## Free Learn To Compost Workshops

Compost is sometimes called “black gold,” and has long been considered a gardener’s best friend. It improves the textures of any type of soil; especially Colorado’s tough clay. Even if you don’t have a garden though, composting can be a great way to get rid of your leaves and yard trimminmgs without sending them to the landfill.

Getting the right recipe to make compost is easier than most people think. A good mix of “greens”, “browns”, air, and water is all you need. Greens, which add nitrogen to the mix, can be fresh grass clippings, kitchen vegetable scraps, or weeds. Carbon is also required and includes browns such as leaves, yard waste, or things like newspapers or cardboard egg cartons.

Due to their popularity, the City of Golden will hold three additional compost workshops this year. As part of its 2009 sustainability workshop series, the City of Golden Community Sustainability Advisory Board will host workshops on Saturday, August 22<sup>nd</sup> and Saturday, September 26<sup>th</sup>. Kathy Demane, a certified master composter and volunteer with Denver Urban Gardens will demonstrate the basics of composting and answer questions on getting started. Classes are free and will meet from 9 to 11 am at the Clear Creek History Park. Want to try composting with worms? A special vermi-compost class will be also held on Saturday, October 17<sup>th</sup>. Attendees will build their own worm box and learn how red wigglers can live year round in Colorado’s climate. To RSVP for a class, call (303) 384-8011 or for more information visit [www.cityofgolden.net/sustainability](http://www.cityofgolden.net/sustainability)





Kathy Demane, a master composter, teaching the free compost workshop

